



**FOOD DAY**

OCTOBER 24, 2011

[www.FoodDay.org](http://www.FoodDay.org)

**ON OCTOBER 24, 2011**, thousands of events will inspire Americans to improve their diets and fix our food system. Go to [www.FoodDay.org](http://www.FoodDay.org) to attend an event near you, or volunteer to be a lead organizer for your school, church, or community!

## ***IT'S TIME TO EAT REAL!***

Food Day is a national grassroots campaign to:

- Reduce diet-related disease by promoting safe, healthy foods
- Support sustainable farms and limit subsidies to big agribusiness
- Expand access to food and alleviate hunger
- Protect the environment and animals by reforming factory farms
- Promote health by curbing junk-food marketing to kids
- Support fair working conditions for food and farm workers



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